



Large Group Pricing – Up to 8 players (5 minimum)

Hourly Rate - \$20 per player

Small Group Pricing – Up to 4 players (3 minimum)

Hourly Rate - \$30 per player

Semi-Private Pricing – Up to 2 players

Hourly Rate - \$40 per player

Private Pricing – One on one training

Hourly Rate - \$60 per player

TEAM RENTAL PRICING – Up to 10 players/goalies in room at a time

Hourly Rate - \$100

MUST PRE-REGISTER BY CONTACTING MATT JACOBSON

OFF-ICE Training Class List

- **BEAST Class** - Training specifically designed to increase Balance, Endurance, Agility, Strength/Speed for ALL athletes
- **Hockey Specific Class** – Training with a specific focus on Hockey IQ with time spent on synthetic ice as well as classroom environment
- ***Special Guest Class** – Prominent Former and Current Players/Goalies/Coaches to provide training designed to pass on respective skillsets to today's youth (*special pricing for these classes)